

“Seek the Kingdom of God above all else, and he will give you everything you need. “So don’t be afraid, little flock. For it gives your Father great happiness to give you the Kingdom.” Luke 12:31-32 NLT

[lectio] // LUKE 12:29-32

listen to the text by reading out loud slowly and repeat up to 3x if desired

These verses are wonderful to read, quote and live by WHEN things are going well. But when we are scared, overwhelmed and running out of resources it’s a whole other matter. Jesus says this with such tenderness - “it gives your Father great happiness to give you the Kingdom.”



[oratio]

pray as responding to the words, phrase, sentence that God has stirred within you

Dad,
I know there is more... more to this life, more that I do not see or understand, more of you. I am so restrained by my doubts and tenable fears. I have to wade through my weakness and humanity to grasp what I know is true. Fact: You have always been faithful and provided well for me, even before I knew you. Since I committed to follow you I have been cared for, spoiled and gifted more than I deserve. You are my good, good Father and I desire to live Kingdom minded.

[contemplatio]

rest in the presence of God, allowing the words revealed to take root