

“I have followed your commands, which keep me from following cruel and evil people. My steps have stayed on your path; I have not wavered from following you.” Psalms 17:4-5 NLT

## [lectio] // PSALM 17

listen to the text by reading out loud slowly and repeat up to 3x if desired

## [meditatio]

reflect on – what word, words, phrase, or sentence speaks to you from the text, then write them down

For much of my life this Psalm has been true. I have tried to follow God's commands and it has kept me from following cruel and evil people - but not always. Part of my delayed social skills have let my naively strong trust take over my decision processes. Plus a strong belief in the best mixed with extreme loyalty did not make for a healthy 2017/18. But that's PAST now. I must get back to the "following" without an overreaction to things and people that have happened in the past.

## [oratio]

pray as responding to the words, phrase, sentence that God has stirred within you

Dad,

My trust, right now, is a blind trust. I write that because I do trust, I do believe, I just don't see ANY sign or path to a future where I am in a "dream job" situation. And, maybe that season is a once in a lifetime kind of deal. It is also blind because no one else can see forward to a fit or purpose for my life. I don't know how many "chances" I get at purpose. I love you. I adore my wife. I love our kids. And, I love everything else about my life right now - except purpose.

## [contemplatio]

rest in the presence of God, allowing the words revealed to take root