

“For God says, “I will break the strength of the wicked, but I will increase the power of the godly.” Psalms 75:10

[lectio] // PSALM 75

listen to the text by reading out loud slowly and repeat up to 3x if desired

[meditatio]

The Psalmist writes of God’s final judgment, and ongoing dealings with the wicked. I LOVE this verse! I know deep down it is true and that God is consistently up to this in our world. I have two questions: 1) Why don’t we see the breaking more often and what would that even look like today? Maybe this happens completely behind the scenes and we’re not supposed to know, watch or rejoice when it happens. 2) What do we actually do with the power that God gives? Do we spend it on ourselves, consuming more to convince ourselves that we need it to get more done or do we spend it, like we should, on those who have no power and are desperate to see someone with power to advocate for them?

[oratio]

pray as responding to the words, phrase, sentence that God has stirred within you

Dad,

I like idea of you increasing my power when I am cooperating with your plans. I wish I could spend it more on others than constantly looking to my own needs. This is my struggle. I want others to spend their godly power, that is increasing, on others but I struggle to do the same. John’s words come to me, “I must decrease so that he my increase!”

[contemplatio]

rest in the presence of God, allowing the words revealed to take root