

“Give thanks to the Lord, for he is good! His faithful love endures forever.” Psalms 118:1 NLT

lectio // Psalm 118:1-2

The Psalmist sings these simple phrases and then asks the country, the religious leaders (the priests) and all who fear God, to repeat it. Repeat it. This is a never ending round of singing. We have an 18 month granddaughter in our home. And the one thing I know about her, if she likes something she wants to repeat it. Right now she is fixated on Robin's monkey, Georgie. Often, she will wake up first thing in the morning and make monkey sounds. Of course her little mind and imagination is ablaze with activity and repetition is creating neural networks that multiple faster at her age than any other time in her life. Repetition. Repeat this, “His faithful love endures forever.” Say it out loud as you read it (the sound of your own voice will STRENGTHEN your ability to memorize. His faithful love endures forever! Say it — — — one word at a time.
His. faithful. love. endures. forever.

oratio

Dad,

Yes, some truths are so simple, yet they can be the most powerful. At every beautiful thing I see today. At every decision point. At every piece of news that brings fear, worry or a sense of inadequacy - I want to sing, “I Give thanks to you Lord, for you are good. Your faithful love endures forever.” For you are right, true and just - always and forever!

contemplatio

rest in the presence of God, allowing the words revealed to take root