

“There are six things the Lord hates — no, seven things he detests:” Proverbs 6:16 NLT

lectio // Proverbs 6:16-19

What are they and am I doing them? First what are the seven things God hates? Wanna guess?

1. haughty eyes, PRIDE
2. a lying tongue, LIES
3. hands that kill the innocent, BULLIES
4. a heart that plots evil, SELFISH
5. feet that race to do wrong, GREEDY
6. a false witness who pours out lies, DISHONEST
7. a person who sows discord in a family. FIRE-STARTER

You know, I think most people hate these things! I dislike these things and have an issue with people who constantly behave in these characteristics. I'm repulsed by arrogance. I can't stand a liar. I hate selfish, greedy bullies. And, I get super angry at people who bring chaos, violence and anger into a peaceful family. So are these qualities reflected in me? Sometimes I feel that my hate towards them reveals that there is some similarities in my character! Ouch.

oratio

pray as responding to the words, phrase, sentence that God has stirred within you

Dad,

At first when I see the things that get you angry, I am happy to hate them right along with you. But as I reflect on your word (the Bible) and on myself (letting your Spirit judge me) I see elements of these traits in me! And, I do not like it. No, I'm not constantly arrogant, lying or bullying others, but I do recognize it when you point it out. Forgive me. I do not want my life to be known for anything on that list. Not even one of them.

contemplatio

rest in the presence of God, allowing the words revealed to take root