

"Everyone enjoys a fitting reply; it is wonderful to say the right thing at the right time!" Proverbs 15:23 NLT

## lectio // Proverbs 15:22-33

Exactly! The questions is, can I be the one to GIVE fitting replies? I certainly enjoy OTHERS giving me fitting replies, but I seriously need to work on taking a step back, a deep breath and a pause before I open my mouth (and remove all doubt that I may be a fool). I MUST listen without preparing a mental response. I MUST give respect and time to quality discussions and thoughtful questions. I MUST be patient with those who start arguments, pick fights and ask trick or cornering questions. I want to be wonderful in saying the RIGHT thing at the RIGHT time. Solomon and his wisdom gang are right - this is good, but it takes time to slow down and practice.

## oratio

Dad,

My prayer continues... help me with diplomacy, please. Help me to not trigger with anger, defensiveness or immaturity. I completely understand that I need to practice giving fitting replies and the only way that's going to happen is to have people who challenge, question and unload their emotions on others.

## contemplatio