

“O God, you are my God; I earnestly search for you. My soul thirsts for you; my whole body longs for you in this parched and weary land where there is no water. I have seen you in your sanctuary and gazed upon your power and glory. Your unfailing love is better than life itself; how I praise you!” Psalms 63:1-3 NLT

lectio // Psalm 63:1-8

Wilderness prayers are the best! Of course, when your alone, frustrated, scared and completely not in control of your life, it isn't like your favorite ride at Disneyland (which is CLOSED right now). However, listen to the earnest dependency you hear from David's heart. Listen to the desperation of connection and direction. Listen to the memories of good times in his past. It helps me focus on what's important, what matters. It helps me shed the complexities of my life and entanglements of my sin and my decisions. I love the end of these verses, “your unfailing love is better...” wow! What a journey David takes us on. I believe if I read his words and allow myself to ride along with his pain and longing for God, that I too can come to a similar, explosion of praise - “How I praise you!”

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Dad,

I went through some wilderness these past few years, and I have been through them in years past as well. You were, are, will be with me. I have those longings of simplicity to just be with you, in your presence. Maybe the wilderness is the BEST place to feel that closeness to you.

contemplatio

rest in the presence of God, allowing the words revealed to take root