

“Be still, and know that I am God! I will be honored by every nation. I will be honored throughout the world.”

Psalms 46:10 NLT

lectio // Psalm 46

The psalmist writes about calamities in the earth itself, from enemies outside of Israel, and often even among themselves or internal problems (even in David's household). This is life! It is unpredictable and uncontrollable, from our perspective, but from God's vantage point, it is within his plan - "God is our refuge and strength, always ready to help in times of trouble. So we will not fear when earthquakes come and the mountains crumble into the sea." Like a toddler throwing a temper tantrum, the planet itself groans and throws a fit waiting for peace, wholeness and justice. However, our solace is God, our future is in God, our hope is in God. When it gets THE MOST chaotic, it is critical that we STOP talking, arguing, debating, and venting our impatience as humans and just BE STILL. Quiet the voices of fear, doubt, disunity, distrust and panic in our hearts and listen for God's voice. The one radio station we should be listening to is K-GOD. And hearing the still, small voice of the Spirit allows us to not only know God, but know his heart and even his ways - his plans.

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Dad,

Oh to settle into a place where I am hearing your voice above all other voices! Even, over the voices in my own head about what I believe and who I believe. Your voice, in the middle of chaos isn't just calming, it's so clear and unpolluted from what is happening on our planet, our country, state, city, neighborhood and even our family. That's the voice I want leading and guiding me. That's the true perspective I long to lead by.

contemplatio

rest in the presence of God, allowing the words revealed to take root