

“The Lord gave another message to Jeremiah. He said, “This is what the Lord, the God of Israel, says: Write down for the record everything I have said to you, Jeremiah.” Jeremiah 30:1-2 NLT

## lectio // Jeremiah 30:1-11a

When God speaks, write it down. Keep a record. Our memories are flawed and full of gaps. Writing down important ideas, thoughts, questions and words FROM God are extremely helpful in the future. I wasn't always one who "journalled," and often felt guilty or less spiritual because I wasn't doing so. I just wasn't read to do so. I wasn't in the right frame of mind, discipline or season of my life to force a good habit. Now, I write things down all-the-time. A couple of thoughts here: We're watching *The Chosen*, and in it Dallas Jenkins, shows us the backstory of the characters in the New Testament, mainly the disciples. His ideas on Matthew, the tax collector are amazing. This OCD character obsesses over hundreds of details. And with that he shows Matthew interviewing people Jesus spoke with or healed and writing down the details because he knew they would be important some day. Do you think writing down the details of Jesus' life for three years was important? Uh yeah - we now have four gospels, four accounts of what happened. ALL inspired by, led by, directed by the Holy Spirit. And then recently, we had a friend, Andy Moss, who gave our church some prophetic words, important words that Andy felt he needed to share with the whole church. I wrote them down! Then, I find out he's given others some encouraging/prophetic words and they wrote those down as well. One small business owner in major crisis wrote the words down on the whiteboard in the back office - WROTE THEM DOWN! The words came true, and continue to be a reminder and an encouragement to their entire team. So this whole, "write down for the record" is a really good spiritual practice that I believe in.

## oratio

Dad,

Your word, the written account from the beginning is so wonderful and amazing. It IS a light for my feet and my path! It is also important and beautiful to write down the words, ideas and even dreams you speak to me today. I don't give them the same weight I give the words in the Bible, but I do want to remember them and let them encourage me once I've gone through a difficult time or a joyous time. I want to take a moment to reflect and see your grace and hand of blessing through those words. Thank you for telling Jeremiah to write things down. Thank Jeremiah for me for being obedient.

## contemplatio

rest in the presence of God, allowing the words revealed to take root