

“It is pleasant to see dreams come true, but fools refuse to turn from evil to attain them.” Proverbs 13:19 NLT

lectio // Proverbs 13:17-25

Is it true that we don't really dream while in trauma? Is it true that we grab for comfort shortcuts to temporarily satisfy our emotional pain? Is it true that we would choose evil to get what we want, when we want it? YES, it's all true. Proverbs mention that the wicked dream and scheme to do evil - to perpetuate, to trap and trick their victims. But most folks want to dream a better future, to see the light, to walk on the right path - but it is hard when there comes a moment when you are FREE to choose for yourself and you decide to take your opportunity to do evil. The abusive parent or relationship is no longer making you live in quick-fix cycles of relief. No, you choose it on your own. It is so very pleasant to see good and godly dreams come true, but they come at a high price. They come from a discipline of trust, faith and delayed emotional gratification. They come from running to God, not away from him. It is a heartbreak to see someone get so close to seeing their dreams, to only fall back into the very cycle that was imposed on them in their past. You can break that cycle, you are better and stronger than your past. See the dream, go for the godly path, quit turning to shortcuts that lead to more pain. Don't play the fool.

oratio

Dad,

You are the only true way out of the cycles and shortcuts of my past. You did not do this to me or “allow” this to happen. I live in a broken, evil world where humans use and hurt one another. We cause decades of generational pain by simply living for ourself and ignoring what is right. My grandparents tried but failed in so many ways. My parents tried and failed in many more ways. They were not perfect and made plenty of horrible long-lasting mistakes in their lives. However, you gave me a choice to be and do different. I could choose to live in the generational cycle of chaos, addictions, and failed relationships OR I could choose to listen and follow you. When I was young, I saw no dreams of my future. When I was a teen, I still could see no way out of my family past. But when you invited me to be your son, everything changed. I began to see the possibility, the foggy outline of a future dream. Now, I can say, “It is pleasant” to see it come true. Thank you!

contemplatio

rest in the presence of God, allowing the words revealed to take root