

“May he grant your heart’s desires and make all your plans succeed. May we shout for joy when we hear of your victory and raise a victory banner in the name of our God. May the Lord answer all your prayers.” Psalms 20:4-5 NLT

lectio // Psalm 20

What a delightful, albeit Old Testamenty response to a prayer request. It’s got hope, with expected celebration and a tribute to God’s power. When folks share or reach out with things happening in their life, it’s good to know someone is listening. I know, they know, God is listening, but there is something unique about a shared weight. It’s not good to be alone! Whether its a time of crisis or stress or even a time of accomplishment or celebration. Letting someone in is crucial and healthy. I just love this phrase, “May WE...” and “when WE...” We. Together. I can share in your pain and stress if you’ll just let me know. I can also share in your good news, your win, your victory! And, along with you, raise a victory flag and wave it before God. Lord hear OUR prayers. Lord answer our prayers. Amen.

oratio

Dad,

You have not only given me life, FULL life complete with joy and sorrows, you have also given me friends to share those ups and downs with. On a short phone call yesterday, I was able to share in someone’s good news and hard work to make it happen. It was a big accomplishment and very few people knew about it. It was delightful to share in that and as the Psalmist writes, lift a banner to you! Thank you for those opportunities and moments to not just carry the stress, but to also celebrate your goodness together.

contemplatio

rest in the presence of God, allowing the words revealed to take root